

Camp Fit-N-Fun Itinerary: WEEK Three *June 28th-July 2nd*

MONDAY			TUESDAY			Group 4			
Group 4	Group 5	Group 6	Group 4	Group 5	Group 6	Group 4			
7:00-9:00 am Ext. Care (PS Room)	7:00-9:00 am Ext. Care (PS Room)	7:00-9:00 am Ext. Care (PS Room)	7:00-9:00 am Ext. Care (PS Room)	7:00-9:00 am Ext. Care (PS Room)	7:00-9:00 am Ext. Care (PS Room)	7:00-9:00 am Ext. Care (PS Room)			
9-9:30am Outside Act (Out 3)	9-9:30am Outside (Out 1)	9-9:30am Inside Act (Gym 1)	9-9:30 Outside 1	9-9:30am Inside (G1)	9-9:15am Outside 3	9-9:15am Sports Center (Gym 1)			
9:30-9:45am Open Gym (Gym 2)	9:30-9:45am Snack (PS Room)	9:30-9:45am Snack (Lobby 2)	9:30-9:45am Snack (PS) 9:45-10:45am Gymnastics (G1)	9:30-9:45am Snack (L2) 9:45-10:45am Learning Lab (PS)	9:15-9:30 Snack (L2) 9:30-10 Gym 2 10-10:45am Inside Act (G1)	9:15-9:30am Outside Act (Out 1)			
9:45-10am Snack (Lobby 2)	9:45-10:15am Games (Upper Level)	9:45-11am Gymnastics (Gym 2)	10:45-11am Creative Cnr (PS) 11-11:30am	10:45-11:30am Open Gym(G1) 11:30-12pm	10:45-11:15am Craft (L2) 11:15-11:45am	9:30-9:45am Snack (Lobby 2)			
10-11:30am Gymnastics (Gym 1)	10:15-11am Learning Lab (PS Room)	11-11:30am Lunch (Lobby 2)	Lunch (L2) 11:30-1pm Art Exp. (G1)	Lunch (L2) 12-12:30pm Reading (UL)	CGA (WU FX) 11:45-12:15 Lunch (PS)	9:45-10:15am Reading (Pit)			
11:30-12pm Lunch (Lobby 2)	11-11:30am Lunch (Lobby 1)	11:30-12pm Reading (Gym 1)	1-1:45pm Reading (Upper Level)	12:30-2pm Gymnastics (G2)	12:15-12:45pm Reading (PS Room)	10:15-11am Learning Lab (Lobby 2)			
12-12:30pm Reading (Gym 2)	11:30-12pm Reading (Upper Level)	12-12:30pm CGA (lobby 2)	1:45-2:15pm Learning Lab (L2)	2-2:30pm Sports Cntr (Gym 1)	12:45-1:30pm Learning Lab (PS)	11-11:30am Music (Ramp)			
	12-12:30pm Inside Activity (Gym 1)		2:15-2:45pm Inside Act (G2)	2:30-3pm Creative Corner (Party Room)	1:30-2pm Sports Ctr(G1) 2-2:30pm Creative Cr (L2)	11:30-12pm Lunch (L1) 12-12:30pm Sports Center (G1)			
12:30-3:15pm: Swim (Groups 4, 5, 6) *Snack on Bus*			2:45-3pm Snack (Lobby 1)	3-3:15pm Snack (Lobby 2)	2:30-3:15pm Games (UL) 3:15-3:30pm Snack (PS) 3:30-3:45pm Open (Gym2)	12:30-3pm: S 3-3:15pm Ice Cream (Outside) 3:15-3:45pm CGA (Upper Lvl)			
			3-3:45pm Sports (Gym 1)	3:15-3:45pm Games (Upper Level)	3:45-4:00 pm Color Wars				
							4:00-6:00 pm Ext. Care (UL)	4:00-6:00 pm Ext. Care (UL)	4:00-6:00 pm Ext. Care (UL)
							FRIDAY		
			Group 4	Group 5	Group 6				
			7:00-9:00 am Ext. Care (PS Room)	7:00-9:00 am Ext. Care (PS Room)	7:00-9:00 am Ext. Care (PS Room)				
			9-9:30am Outside Act (Out 3)	9-9:30am Outside (Out 1)	9-9:30am Inside Act (Gym 1)				
			9:30-9:45am Open Gym (Gym 2)	9:30-9:45am Snack (PS Room)	9:30-9:45am Snack (Lobby 2)				
			9:45-10am Snack (Lobby 2)	9:45-10:15am Games (Upper Level)	9:45-11am Gymnastics (Gym 2)				
			10-11:30am Gymnastics (Gym 1)	10:15-11am Learning Lab (PS Room)	11-11:30am Lunch (Lobby 2)				
			11:30-12pm Lunch (Lobby 2)	11-11:30am Lunch (Lobby 1)	11:30-12pm Reading (Gym 1)				
			9-9:15am: Prepare For Trip (Groups 4, 5, 6)						
THURSDAY									
Group 4	Group 5	Group 6							
7:00-9:00 am Ext. Care (PS Room)	7:00-9:00 am Ext. Care (PS Room)	7:00-9:00 am Ext. Care (PS Room)							
				11:30-12pm Reading					

9:15am-12:30pm: Adventure Landing (Groups 4, 5, 6) Raleigh, NC (919) 872-1688 *Snack on Bus/Lunch on Bus (If time runs out)*			12-12:30pm Reading (Gym 2)	(Upper Level)	12-12:30pm CGA (lobby 2)
				12-12:30pm Inside Activity (Gym 1)	
12-12:30pm Lunch (L2)	12-12:30pm Lunch (L2)	12-12:30pm Gymnastics (G1)	12:30-3:15pm: Swim (Groups 4, 5, 6) *Snack on Bus*		
12:30-1pm Creative Corner (PS)	12:30-1pm Read (Pit)	12:30-1pm Lunch (L2)			
1pm-1:30pm Games (UL)	1-1:30pm Open Gym (G2)	1-1:30pm Creative Corner (PS)			
1:30-3pm Gymnastics (Gym 2)	1:30-2pm Creative Corner (PS Room)	1:30-2pm Games (Upper Lvl)	3:15-3:45pm Craft/Change (Lobby 1)	3:15-3:45pm Craft/Change (Lobby 2)	3:15-3:30pm
3-3:15pm Inside Act (G2)	2-3:30pm Gymnastics (Gym 1)	2-2:45pm Learning Lab (PS Room)			3:30-3:45pm Change Out (PS Room)
3:15-3:30pm Snack (Lobby 2)	3:30-3:45pm Snack (Lobby 1)	2:45-3:15pm Reading (UL)	3:45-4:00 pm Color Wars		
3:30-3:45 Prepare to Leave		3:15-3:30pm Inside Act (G1)	4:00-6:00 pm Ext. Care (Upper Lvl)	4:00-6:00 pm Ext. Care (Upper Lvl)	4:00-6:00 pm Ext. Care (Upper Lvl)
3:45-4:00 pm Color Wars					
4:00-6:00 pm Ext. Care (Upper Lvl)	4:00-6:00 pm Ext. Care (Upper Lvl)	4:00-6:00 pm Ext. Care (Upper Lvl)			

WEDNESDAY

Group 5	Group 6
7:00-9:00 am Ext. Care (PS Room)	7:00-9:00 am Ext. Care (PS Room)
9-9:15am Outside (Out 3)	9-9:15am Outside (Out 1)
9:15-9:30am Snack (Lobby 2)	9:15-9:30am Snack (PS Room)
9:30-10:45am Art Exp. (Gym 1)	9:30-10:45am Art Exp (G1)
10:45-11:15am Reading (Upper Lvl)	10:45-11:15am Craft (PS Room)
11:15-11:45am Lunch (PS Room)	11:15-11:45am Music (Ramp)
11:45-12pm Learning Lab (PS)	11:45-12pm Reading (Upper Lvl)
12-12:30pm Gymnastics (Gym 2)	12-12:30pm Lunch (Lobby 2)

mithfield Gym (Groups 4, 5, 6)

Snack on Bus

3-3:15pm Ice Cream (Outside)	3-3:15pm Ice Cream (Lobby 2)
3:15-3:45pm Open Gym (Gym 2)	3:15-3:45pm Open Gym (G2-Share)

:45-4:00 pm Color Wars

4:00-6:00 pm Ext. Care (Upper Lvl)	4:00-6:00 pm Ext. Care (Upper Lvl)
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Weekly Reminders

1. Bring 1 lunch, 2 snacks, & 3 drinks to camp daily!

2. Wear/bring

tennis shoes to
camp EVERY
day!

3. Bring swim
suit & towel on
swim days!

4. Don't forget to
dress up in your
pajamas on
Wednesday!